



COACHING

Confidence | Courage | Commitment

Dear Functional Medicine Practitioner,

Thank you for attending my recent seminar and for your interest in my coaching program! Like you, I thrive on the challenge of helping chronic patients live healthier, more rewarding lives. We all know functional medicine is as complicated as it is rewarding; and to be great at anything we all need someone to coach us, guide us and help us be the best we can be. Unfortunately, there aren't many coaching programs available to help you get up to speed with this cutting-edge science, until now. If you enjoyed my seminar and want to add this amazing tool to your practice, then this coaching program is for you.

My 7-week coaching and mentorship program will take you through the process of how to bring the latest gut-brain-methylation protocols into your practice. My intention is to help less experienced practitioners navigate the hurdles we all face in clinical practice and get up to speed quickly. This 7-week program is built around the following 7 modules and concepts:

1. Overview & why the gut-methylation-brain process is the key for most chronic patients
2. Stomach and Upper GI Function
3. Oxalates
4. SIBO
5. Gut Origins of Methylation, Brain and Neurotransmitter Problems
6. Blood Sugar, Depression, and Methylation
7. Brain, Catecholamines, Neurotransmitters and Hormones

This comprehensive program also includes support for “soft skills” and emotional intelligence. I will cover topics such as how to coach your patients through difficult protocols, how to ask for and talk about money, and most importantly how to disarm people so they are willing to trust and listen to your advice. No one cares how much we know, until they know how much we care! Part of my success has been connecting with people and that is as much a part of success as are supplement protocols and lifestyle education. The first patient you help through this process will pay for your tuition. You literally have nothing to lose.

We are limiting this program to just 10 people, and we have a lot interest from doctors all over the world. I hope to see you soon!

Yours in Health,

Dr. Andrew Rostenberg, DC

Coaching Details:

Cost: \$1499.00 USD (\$500.00 USD deposit is required to reserve your spot and space is limited)

When: 4:15pm-6:00pm MST weekly on Thursday afternoon for seven sessions. Coaching begins on Thursday, October 5th and runs through Thursday, November 16th.

What: Coaching program includes seven, roughly 2-hour group coaching and problem-solving sessions. Sessions will be held on Thursdays (USA) / Fridays (Australia) via GoTo Meeting for seven consecutive weeks. All sessions will be recorded providing you an opportunity to review and study the material, in addition to providing assurance that you won't "miss-out" in the event that you are unable to attend a session.

The first part of the session will be 30-45 minutes in length and consists of an interactive mini-lecture covering the scientific and clinical rationale of the weekly topic.

The second part of the session will be 75-90 minutes in length and is reserved for answering your questions and going over case studies (both mine and yours), supplements, dosages, testing recommendations, and more. Each attendant will have the opportunity to ask two questions during the second part of the session.

Reserve Your Spot: Call Kristie at 208.322.7755, or email care@redmountainclinic.com.